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Benedict of Alvastra

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Benedict of Alvastra (14th c.)

1. Name variants: Bent, Bengt, Benedictus

2. Places: Alvastra

3. Biography: There is some confusion about the identity of B. All the sources agree that he was the son of Ulph of Nericia and Saint Bridget of Vadstena, but recent biographies of Bridget state that he died as a child and was buried next to his father in the monastery church at Alvastra. Older reference works state that he lived long enough to become a monk at Alvastra.

4. Cultus:

a. Relics: –

b. Liturgical commemoration: Given as 21 Mar, the memorial of Benedict of Nursia.

c. Patronage: –

d. Attributes: –

5. Fontes: *Acta et Processus Canonizationis Beate Birgitte*, ed. I. COLLIJN, Stockholm 1924–1931, 92, 625.

6. Literature: J. JØRGENSEN, *Saint Bridget of Sweden* 1, London 1954, 219; B. MORRIS, *St Birgitta of Sweden*, Woodbridge 1999, 49; *Vollständiges Heiligen-Lexikon* 1, ed. J. E. STADLER / F. J. HEIM / J. N. GINAL, Augsburg 1858, 437; A. SARTORIUS, *Verteüschtes Cistercium Bis-Tertium oder Cistercienser Ordens-Historie*, Prague 1708, 586.

7. Illustrations. –

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